

The mission of Mount Olympus Presbyterian Church is to invite people to experience Jesus Christ and become his passionate followers.



Volume LII, Issue 7

July 2017



Our Kenya team served in many capacities: Leading recreational activities, counseling, and pastoral care at schools for children, many of whom have been orphaned by AIDs. *(More photos on page 6 and a letter on page 9.)*

**Pot-Blessed Brunch: Sunday, 7/2 at 9:45 a.m.**



**July Sermons and Discipleship Classes** (see page 3)

**Office will close at 3:00 p.m. until July 10;  
Office will be closed all day on July 4**

Dear MOPC,

There are many ways to measure the health of a church. Often people measure a church by how many people attend. Sometimes churches are measured by how much activity takes place.

Another measure of a church is its “sending power.” Recently, MOPC again sent a team of young people to Nakuru, Kenya to deliver medical supplies and computers, work with children in the schools and slums, and help in the medical clinic.

Matt and Bre Cain were in Ghana to film stories about human trafficking, and to follow some of the organizations that are doing great ministry to free people. They visited City of Refuge Ministries, which Matt described as “a beautiful compound out in the country, northwest of Tema.” They house and educate abandoned and freed children for long periods of time. They also open their school to people in the surrounding area. It is truly a safe haven for destitute children. It is a place where you can see kids laughing and playing after being delivered from living nightmares. It is staffed with wonderful Christians from Ghana and every corner of the globe who love and serve the children.”

## Pastor's BLOG

*Another measure  
of a church is its  
“sending power.”*

Brad Bertelsen, Director for Inter-  
varsity Christian Fellowship in South-  
ern Utah, has been in Queretaro,  
Mexico leading a team of 18 students  
doing outreach with other students in  
that part of Mexico.

Carol Jacobs and Gary Schnike,  
who were married on June 17, are  
currently on their honeymoon  
in Alaska, helping to build the  
Alaska Bible College.

In all of these activities, God is  
the real “sender” and MOPC is  
a church that supports his work  
and mission. We support his  
work by sending our people, with our  
finances and with our prayers.

These people are in far-  
away places where lan-  
guage, surroundings, and  
culture differ from our own,  
but many of you also go to  
places like the Rescue Mission, the  
Food Bank, St. Vincent de Paul’s  
soup kitchen, local hospitals and care  
centers. God’s sending is no less evi-  
dent when we serve closer to home.

Every week we end our worship  
services by charging one another to  
“Go out into the world...”

We are living consistent with that  
affirmation.

In His Grace,  
*Phil*  
Pastor Phil

**BREAKING THROUGH  
SUMMER SERMON SERIES ON THE BOOK OF HEBREWS**



July 23:  
Hebrews 7:24-27  
Breakthrough Prayer

July 2:  
Hebrews 2:14-18, 4:14-16  
Breakthrough Help

July 9:  
Hebrews 3:1-6  
Breakthrough Housing

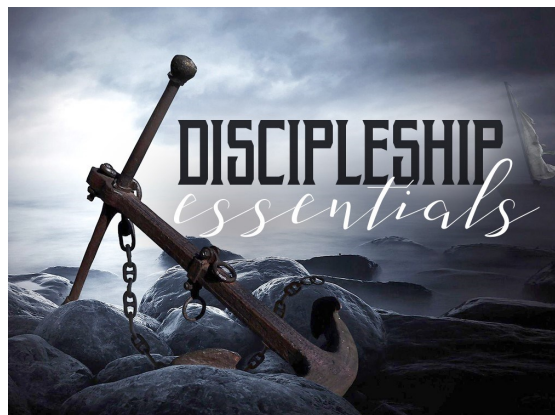
July 16:  
Hebrews 5:11-6:12  
Breaking Through To Maturity

July 30:  
Hebrews 8:6-13  
A Breakthrough Covenant

**DISCIPLESHIP ESSENTIALS: BUILDING YOUR LIFE IN CHRIST**  
Sundays at 9:45-10:45 a.m.

Seth and Amy Wall are our teachers in July. The “essential” topics will be:

- July 2 No class—Come to brunch!
- July 9 Sin
- July 16 Grace
- July 23 Redemption
- July 30 Justification



Come to Fellowship Hall between services (9:45 to 10:45 a.m.) on July 2nd to celebrate Independence Day with a brunch. Bring a dish to share and show your patriotism by wearing red, white and blue!

Many thanks to all those who help set up, serve, and clean up after congregational meals. Valyrie Nibley and John & Alice Tsai deserve a special commendation for their help in making our brunch on Memorial Day a success in the absence of Pauline Forster and Shirley Knox, who are regular volunteers for our meals!



### **MORE GRADUATES...**

*(See the June newsletter for information on other graduates)*



**Weston Forster** graduated from Cornell University on May 28th with a Bachelor of Science degree in Material Science Engineering. Weston's design team was awarded Best Senior Design. This summer Weston is teaching a tree climbing class in Sequoia National Park. Then he will work in a research lab at Cornell and look for a job.

**Glen Forster** graduated from the University of Pennsylvania Law School on May 15. Glen was Co-President of the University of Pennsylvania chapter of the American Constitution Society. He also received a Certificate of Economic Policy from the Wharton School of Business. Glen will take the New York State Bar exam in July and begin work as a lawyer with a firm in Manhattan in September.

*Pauline Forster is a proud grandmother!*

## SUMMER PRAYER FOR CHILDREN

We are grateful for the summer months ahead,  
And grateful for the summer joys  
and laughter of the children  
in our families, schools, and our church.  
Bless our children during these next months;  
may they grow in grace through play and picnics,  
camps and friendships, family visits and vacations.



We pray too for children in our global community,  
Especially for children being scarred by the violence of conflict,  
The horror of war, of life on the run,  
And the violence of child labor.  
For them, the summer holds no promise nor relief.

Bless our children during the months ahead,  
all our children: in Iraq, Afghanistan, Pakistan, the Middle East,  
in Dafur, and in every place where the sounds of guns and bombs  
continue to be heard and continue to silence the sounds  
of children's laughter and childhood dreams.  
Bless our children in every country where children labor through long days  
and never know the peace of economic security and freedom.

God of Grace,  
May these children know comfort and healing, through your compassion  
And through our efforts to bring peace and justice  
To the global village we all call home.  
Amen.

-by Jane Deren  
[www.educationforjustice.org](http://www.educationforjustice.org)



### Prayer Requests?

Call the church office at 801-277-2674 or e-mail requests to [prayerchain@mtopres.org](mailto:prayerchain@mtopres.org).



It's that time of the year when young people have time on their hands. The school year is over and adolescents like to hang out in our parking lot. We had several issues last year about this time so we need to be proactive about strangers on our premises.

What can we do? Look for unusual cars and people in our parking lot. If you see something suspicious, call one of the following numbers:

- John Mehlhoff, Facilities Manager
- The church office at 801-277-2674
- The police department at 801-743-700

The police occasionally patrol our lot and they want to know if we have any problems. The back gate is closed during the week as a preventive measure.

Finally, do not leave valuables in your car or anything that might appear enticing to thieves.

*Let keep our kids, staff, and personal belongings safe this summer!*

**WOMEN'S RETREAT—SAVE THE DATE: OCTOBER 6-8, 2017  
REGISTRATION WILL BEGIN ON JULY 9**



*Photos from Kenya—See Jamie White's letter on pages 9 and 10*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>Events</h1>						1
2 8:30 & 11:00 Worship 9:45 Independence Day Pot-Blessed Brunch 6 pm The Mount	3 12:30 pm Staff	4 6:30 am Men's Bible Study Office Closed for Independence Day	5 7 pm Stephen Ministry	6	7 7 p.m. Rescue Mission	8 10 am Utah Food Bank
9 8:30 & 11:00 Worship 9:45 Adult Discipleship 12:15 Global Missions 6 pm The Mount	10 12:30 pm Staff	11 6:30 am Men's Bible Study 7 pm Deacons	12	13	14 4:45 pm St Vincent de Paul Soup Kitchen	15
Vacation Bible School and 345 Service Camp						
16 8:30 & 11:00 Worship 9:45 Adult Discipleship 6 pm The Mount	17 12:30 pm Staff	18 6:30 am Men's Bible Study 7 pm Facilities Team	19 7 pm Stephen Ministry	20	21	22
23 8:30 & 11:00 Worship 9:45 Adult Discipleship 6 pm The Mount	24 12:30 pm Staff	25 6:30 am Men's Bible Study	26	27	28	29
30 8:30 & 11:00 Worship 9:45 Adult Discipleship 6 pm The Mount	31 12:30 pm Staff					

### UTAH FOOD BANK

Come along and join the MOPC Team at the Utah Food Bank, located at 3150 South 900 West on Saturday, July 8 from 10:00 a.m. to noon. Have some summer fun while helping others! Even though the weather is hot, no open-toed shoes and young people must be at least 12 years of age.



### CROSSROADS URBAN CENTER

This month the Crossroads Urban Center pantry needs canned pasta, snacks and small beverages. Please leave your donations in the Crossroads box in the gathering area. Crossroads is a 4-star charity with an Emergency Food pantry located at 347 South 400 East. Donations are needed year round.

**NO SANDWICH MAKING ON JULY 14**

## Men's Bible Study

The Thursday morning Men's Bible Study will take a break in July, but will be back in August. Contact the church office if you want to receive weekly reminders for these meetings. Every man is invited!

### YEAR-TO-DATE FINANCES AS OF 5/31/17

Revenue=\$299,030

Expenses=\$328,005

Deficit = -\$28,975

"...your generosity will result in thanksgiving to God."  
2 Corinthians 9:11



**A LIFE RIGHT-SIDE UP IN A WORLD UPSIDE-DOWN.**

**LETTER FROM KENYA**

**Received via e-mail on June 19**

*(Excerpted and paraphrased)*

Jambo Friends & Family!

At Squatters Hill Nursery School, we spent the day having a school carnival with 300-plus children, including the nursery school students and other children from the surrounding slum area. We were asked to throw a party for the children because many of them have never experienced a celebration for any holiday or for their birthdays. In fact, lots of the children don't know their birth dates because they are orphans. For all of them, a day with games and treats was a dream come true. We did the best we could with the available supplies. The activities included ring toss, beanbag toss, knock the pins, face-painting, temporary tattoos, singing, dancing, fishing, and playing with a large parachute.

We served bananas, rice and beans, and juice. The children cheered, "juice, juice!" when we brought out the juice, and we gave candy as prizes. It was a joy to watch them play and laugh and dance. It was upsetting to watch them grab, push, and beg. They did that because they aren't used to receiving gifts and attention. Instead they have learned to take as much as they can whenever they can because that's what poverty teaches little children—fight for food because it may be awhile until you get something to eat again. We had to be watchful to ensure that the smallest ones got their share.

There always seems to be pain mixed with the most beautiful moments in Kenya. It was excruciating to see 6- and 7-year-olds bring infants with them and tend to their baby siblings while trying be children themselves and enjoy the games and dancing. They would let us "babysit" for awhile, running up occasionally to check on their siblings, bring them treats, or hold them for awhile. The responsibility of parenting is such a burden for these young children, but that's what they do for family!

Letter from Kenya  
*Continued from previous page*

As we left the nursery school, I asked our team to pray blessings over all the children. Our team looked up at me with tears in their eyes, aware of the high calling to pray for and love these children. I love that our team is so sensitive to what God has called them to do on this mission. They are letting Jesus break their hearts.

Our team spent Sunday attending worship at the big boarding school and orphanage. Singing and praising God with the students was so unbelievably good—there is just no way to describe it! I WISH I could. There is nothing like church in Africa. Nothing! So loud, so much joy, so bouncy-clappy-joyful!

We spent the afternoon taking a Sabbath rest and hike to Thompson Falls. We laughed and relaxed for a few hours and it was good for our souls after such a hard work week.

Back at the hotel we started working on life skills, and running small groups, big group chapel times, recreational activities, art projects, and dance. We also prepared to train the teachers and administrators on evaluation and behavioral intervention.

A few members of our group experienced some minor travel-related gastrointestinal problems at first, but we had pepto and a lot of moms on this trip who have experience handling tummy bugs.

Thank you for your prayers for God's spirit to work in and through us!

Jamie White  
MOPC Youth Director



A very special thank you to everyone who guided our children during this school year and provided a space for them to feel loved by God, and where they can study His word and learn how to live in faith. This world is full of trouble and these leaders do their part to bring hope to our children so they will lean on Christ during hard times:

Sanae Adams	Megan Judkins
Brenda Alcorn	Jackie Longmore
Maggie Barnish	Debbie Mascaro
Sophie Barnish	Steve Mascaro
Tonya Baskett	Tom Metcalf
Jen Christiansen	Leigh Morgan
Jim Cobb	Debbie Penney
Nick Duval	Gary Peterson
Tory Duval	Katie Peterson
Abby Duzy	Kathy Stephenson
Karen Duzy	Karen Turner
Debbie Graybill	Chase White
Bethany Jones	Ai Ke Woods
Josh Jones	Ai Lee Woods

To celebrate these incredible people, a lunch was hosted at Silver Fork Lodge in their honor. It was a lovely afternoon, enjoying God's creation dining under beautiful aspens while taking some time to slow down and spend a few hours being together.

### **August 11, 12, 13: 3rd 4th 5th Grade Retreat**

Solid Rock 345 will venture up to the mountains to spend the weekend playing, studying, worshipping, and laughing with each other. This is the first Solid Rock 345 retreat this group has done and I am so blessed to be taking them, along with other amazing leaders, to explore Christ's love for us. —Ruth Rudy

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## Church Staff

Pastor	Phil Hughes
Pastor Emeritus	Jeff Silliman
Executive Administrator	Sheila Barnish
Administrative Assistant	Emily Piper
Youth Ministry Director	Jamie White
Asst. Youth Ministry Director	Matt Cain
Youth Ministry Intern	Sami Duzy
Children's Ministry Director	Ruth Rudy
Director of The Mount	Matt Cain
Treasurer	Jeanne Mehlhoff
Child Development Director	Julie Hessheimer
Facilities Manager	John Mehlhoff

## Contact Information

Office Hours: Mon—Fri 9:00 a.m.-5:00 p.m.  
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Fax: (801) 277-2059  
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Exec Administrator: [sbarnish@mtopres.org](mailto:sbarnish@mtopres.org)  
Newsletter Email: [epiper@mtopres.org](mailto:epiper@mtopres.org)  
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Visit Us on Facebook: [www.facebook.com/mountolympuspresbyterian](http://www.facebook.com/mountolympuspresbyterian)

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## Elders Serving on Session

### Class of 2017

Maggie Loring  
Armand van Hien  
Lauri Winge

### Class of 2018

Bruce Davidson  
Jackie Longmore  
Erich Petersen  
Jim Wight

### Class of 2019

Cathy Dupont  
Debbie Mascaro  
Bob Piper  
Seth Wall

## OUR MINISTRY OF CARE

### Board of Deacons

Class of 2017: Chris Chytraus, Julie Davidson, Mindy deHoll, Karen Duzy, Mary Templeman  
Class of 2018: Maggie Frazier, Nancy Harper, Wes Keller, Terry Meidinger, Molly Molenaar, Candy Vila  
Class of 2019: Jill Baskett, Pauline Forster, Greta Koontz, Bonnie Paisley, Terry Rees, Sher Santaw

### Stephen Ministers

Kathy Terrion\*, Candy Vila\*, Bruce Bemis\*, Barbara Alexander, Don Alexander, Sheridan Metcalf, Judy Davis

\* Stephen Ministry Leadership Team

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